Parents of senior high school students studying in the Central West will have an opportunity to discuss life after Year 12 with staff and current students at Charles Sturt University on Friday, 26 February. The Parent Information session will look at the options after Year 12 such as a gap year, graduate outcomes, pathways into university and costs associated with university study. Parents will find out about financial assistance such as scholarships, student support services, discuss regional universities versus metropolitan universities, other opportunities available to students and also offer an optional campus tour. Running from 9.30am to midday on Friday, 26 February, the session will take place at Charles Sturt University in Orange. To register, call Judy Walsh on 6338 6010.

**SPANS SURVEY**

The school has been asked to participate in the Schools Physical Activity and Nutrition Survey (SPANS) next Wednesday. The survey will be conducted over 100 schools and Years 8 and 10 will be involved. Information was mailed last Tuesday and we ask that permission notes be forwarded to your son/daughter’s Head of House as soon as possible.

**Scholarships Open for 2011**

We offer Academic, Music and ICPA Scholarships to students entering Years 7, 9, 10 and 11 in 2011. Apply by Friday, 9th April 2010 to avoid a late fee.

www.saints.nsw.edu.au

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**College Calendar**

**Friday 19 February**

- True North Production - Motivational Media Pd 3
- WAS Swimming Carnival (SSC)

**Saturday 20 February**

- WAS Diving (SSC)
- ISA Cricket Round 10 v Oxley (H)

**Sunday 21 February**

- First Sunday in Lent

**Monday 22 February**

- Week 5(A)

**Tuesday 23 February**

- JS Picnic on Oval
- JS HICES Leadership Day (BMGS)
- Yr 11 Biology Excursion (all day) (MPC) (TBC)

**Thursday 25 February**

- JS WAS Swimming Carnival (KWS)
- Dubbo Beef Spectacular (Yr-10 Agriculture)

**Friday 26 February**

- Yr 8 Maths
- Yr 11 Mathematics and General Maths
- Yr 10 Maths
- Yr 9 Agriculture Pd 1 & 2
- Friday 26 February
- Yr 11 Business Studies Pd 7

**Wednesday 3 March**

- Scholarships Open for 2011
- Update your details
- Art Show Meeting

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**Art Show Meeting**

The Art Show is the 21st May. Our first meeting to discuss the arrangements for this year will be next Thursday, 24th February in the Junior School Library (above Transition 2 classroom) at 7pm. All welcome.
FROM THE REGISTRAR
Mrs Roslyn Cox

With all of our new students settling into life at All Saints’, the Registrar’s Office is now working on Transition applications for 2011. With the target of 60 new little ones needed to fill the two, three and five day programs, this will involve a large number of tours and family interviews for our Head of Junior School, Chris Jackman.

For the applications we have already received, family interviews and visits will be scheduled over the next few weeks. So if you have any friends or family thinking about Transition 2011, please ask them to complete an application form and submit it as soon as possible. Transition is a terrific program and very popular, so an early application is a very good idea.

Application forms are available from our website: www.saints.nsw.edu.au or from Reception.

And a quick reminder about scholarships. We have received a number of calls from interested families and information packs are now being sent out. Please call me (Roslyn Cox) 6332 7313 or Belinda Thompson on 6331 3911 if you are interested. Registrations are needed by Friday 9, April 2010 to avoid a late fee.
Lent

The season of Lent begins with a focus on penitence. Our individual life with God moves toward the restoration of all human relations. The eminent poet and preacher John Donne (1573–1631) points the way in this painfully honest prayer.

Forgive me, Lord, my sins:
the sins of my youth,
the sins of the present,
the sins I laid upon myself in an ill pleasure,
the sins I cast upon others in an ill example;
the sins which are manifest to all the world,
the sins which I have labored to hide
from mine acquaintance,
from mine own conscience,
and even from my memory;
my crying and my whispering sins,
my ignorant sins and my wilful;
sins against my superiors, equals, servantes,
sins against myself, mine own body, mine own soul,
sins against thee. O almighty Father,
O merciful Son,
O blessed Spirit of God.
Forgive me, O Lord, through the merits of thine
Anointed, my Saviour, Jesus Christ, Amen.

—The Rev. Timothy D. Dobbin, Rector
The Church of the Redeemer, Baltimore

Relationships Australia
New South Wales

Bathurst Family Relationship Centre

Seminars about your Kids
January - March 2010

Helping Kids Manage Anger
An information session to assist your child deal with their difficult emotions and how to help yourself accept and process these feelings.
The session focuses on best ways to manage anger for yourself and your children.
10th February 2010
10am – 12:30pm at Kelso Schools as Community Centres

Sibling Rivalry Seminar
Looks at what parents can do to reduce sibling rivalry, what causes quarrelling among siblings, effective problem solving for children and role modelling your own behaviour when conflicts emerge.
17th February 2010
10am – 12:30pm at Kelso Schools as Community Centres

Helping Kids Develop Self Esteem
Assisting parents to understand their children’s development and how to encourage their growth and life learning. Also looks at how self esteem can impact on us as parents.
24th February 2010
10am – 12:30pm at Kelso Schools as Community Centres

Helping Kids with their Fears/ Nightmares
This seminar aims to assist parents in learning ways to support their children through their fears and nightmares. This seminar covers topics such as types of fears and nightmares, strategies to help your child and identifying family strengths.
3rd March 2010
10am – 12:30pm at Kelso Schools as Community Centres

Understanding Bullying
An information session for parents and carers to understand what is behind bullying behaviour and how to best support their children. Looks at impacts of bullying on children, skills for parents and strategies for children at home and school.
10th March 2010
10am – 12:30pm at Kelso Schools as Community Centres

Careers Information

Do you need a Tax File Number? The Tax office with the cooperation of the school, offers students aged 13 years or over the opportunity to apply for a tax file number (TFN) through the school. This is a voluntary program and makes it easier for students to obtain a TFN.

Applying for a Tax File Number through the school is easier because the students do not need to show identifying documentation to the Tax Office.
The application form is available from the Careers Advisor, and students can complete it at home.

When do you need a TFN? Students need a tax file number for employment, applying for Centrelink benefits, opening a bank account or deferring university fees.

If you require further information log onto www.ato.gov.au/students.

General University Information – Websites.

If you are planning to go on to university after the HSC you should be looking at choosing where you would like to go soon. Below is a list of websites where you can access information about the different universities in NSW. There are also Private Providers which offer other University level courses. TAFE is another option for further study and there are many TAFE campuses around NSW.

The most efficient way to access information about the university you are interested in attending, is to access their web site.

Australian Catholic University
www.acu.edu.au

Australian National University
www.anu.edu.au

Charles Sturt University
www.csu.edu.au

Macquarie University
www.mq.edu.au

Southern Cross University
www.scu.edu.au

University of Canberra
www.canberra.edu.au

University of New England
www.une.edu.au

University of Newcastle
www.newcastle.edu.au

University of New South Wales
www.unsw.edu.au

The University of NSW has a web site designed for rural students. This web site provides information about study options, support services, scholarships, rural mentoring programs, accommodation and other useful facts about living and studying at UNSW.
www.ruralstudents.unsw.edu.au

University of Sydney
www.usyd.edu.au

University of Technology Sydney
www.uts.edu.au

University of Western Sydney
www.wusu.edu.au

University of Wollongong
www.uow.edu.au

The web site provides information about study options, support services, scholarships, rural mentoring programs, accommodation and other useful facts about living and studying at UNSW.

The ILC is also open all day (including lunchtimes) on Mondays, Tuesdays and Thursdays.

ILC Study Skills Workshop

The ILC will be running a Senior (Yrs 11 & 12) STUDY SKILLS WORKSHOP SESSION next Tuesday night in E9, from 7pm till 9pm. No need to book – just come along. OPEN TO ALL SENIOR STUDENTS.

REMINDER THAT THE ILC IS OPEN IN E10 EVERY TUESDAY NIGHT (6:30-8:30pm) FOR INDIVIDUAL WORK, STUDY SKILLS, MATHS, ENGLISH, HISTORY, SCIENCE ETC. (See Mrs LP if you need more info).

The ILC is also open all day (including lunchtimes) on Mondays, Tuesdays and Thursdays.

All Saints’ Girls make District Hockey Teams

The following girls are to be congratulated for being successful in making Bathurst District hockey teams after trials over the past weekend.
Clare Watt: Under 18 State Championships & Western Conference Teams
Sarah Farraway: Shadow for Under 13 Whites, Under 13 Greens Team
Erin Cobcroft & Ella Menzies: Under 11 Whites Team
Simone Gardner: Shadow for Under 11 Whites, Under 11 Greens Team

Sarah Farraway: Shadow for Under 13 Whites, Under 13 Greens Team

Clare Watt: Under 18 State Championships & Western Conference Teams
Sarah Farraway: Shadow for Under 13 Whites, Under 13 Greens Team
Erin Cobcroft & Ella Menzies: Under 11 Whites Team
Simone Gardner: Shadow for Under 11 Whites, Under 11 Greens Team

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Clare Watt: Under 18 State Championships & Western Conference Teams
Sarah Farraway: Shadow for Under 13 Whites, Under 13 Greens Team
Erin Cobcroft & Ella Menzies: Under 11 Whites Team
Simone Gardner: Shadow for Under 11 Whites, Under 11 Greens Team
The Boarding P & F would like to invite boarding parents to

A Social Function & Barbecue

at the home of Nigel & Wendy Wass
“Oaks Crossing”, Nyngan

at 5pm on Saturday, 27th February 2010.

Accommodation available at Nyngan Riverside Tourist Park-
Ph- 02 6832 1729

Directions- “Oaks Crossing” -29km from Nyngan on the Tottenham Road

BYOG, Nibblies & Fold-up chair

Brief ASC Meeting at 6pm

$10.00 Adults $5.00 Children (Pay on evening)

RSVP – Saturday, 20th February to Wendy Wass Ph- 0 26833 4434

Barton House Working Bee a big success

On Saturday, 13th February, amidst all the rain, a small band of Barton students and parents set to work to improve the Barton House areas.

Most of our volunteers worked at painting the Nissen Hut. Everyone worked tirelessly to get the first coat on the walls.

Pegs were set up for the boys to hang their hats and coats during the day, the fan was repaired and the lockers were set up in a new position and labels attached for quick identification.

Meanwhile, the girl’s section of Barton was cleaned from the windows to the kitchen sink. The locker bases were repaired and moved into their final position and labels were attached for easy identification.

We would like to thank all the parents and students for all their help on the day. We couldn’t have achieved all we did without your assistance.

Thanks again to all our volunteers your assistance was invaluable and much appreciated

Lesley Tinker (Head of Barton House)