**SIDELINE CAFÉ**

Come and visit the Sideline Café at the Rugby this Saturday. If you can help us out with your time, or providing cake/slice for us to sell, we will be very grateful. Otherwise, just come and see us for excellent Coffee and Tea and all kinds of good advice about Rugby (especially ‘Injuries’ and ‘How to get clothes really clean’).

**REMINDER: PVC Subsidy**

Please note that all new PVC (Private Vehicle Conveyance) subsidy Forms should have been returned to the school by now. If you think you may qualify for the subsidy and have not yet completed a form, please call Sarah O’Neill in the Bookshop on Mondays and Fridays.

A reminder also to Boarding Parents that if your child/ren travelled home on weekends other than beginning/end of term and long weekend, you need to document those dates. Please fax forms to (02) 6332 2236, Attention Sarah O’Neill, before Thursday 2nd July. Please call on (02) 6332 7302 if you have any further questions.

**Accounts delayed**

Due to recent change in the accounting systems in the College the fee statements have been delayed this month. Included in the statements is a College sticker for your vehicle.

**Very Important Notice**

Parents, please ensure ALL items of school uniform and text books are clearly labelled with your child’s name. Please assist us with returning lost property to your children asap by removing any previous owner’s name tags from items purchased from the Uniform Shop or Bookshop that are second hand.

Name tags for clothing can be purchased directly through the Uniform Shop. Lost Property boxes are located at the Bookshop and the Bickerdike Centre for Senior students and in the Junior School office for Junior students. Thank you for your assistance.

**Swine Flu**

Following confirmation of numerous new ‘Swine Flu’ cases in Victoria, the Australian Government increased our pandemic alert system from ‘Delay’ to ‘Contain’. This simply means that there are a small number of cases and/or a small number of clusters. It is important to remember that the virus is not causing serious illness for most of those infected. However, as a school, it is prudent for us to look into a management plan following the closure of some schools in Victoria. I am looking into such a plan at the moment and will keep the community informed when one is developed.

Thought: I have spread my dreams beneath your feet. Tread softly because you tread on my dreams. W.B. Yeats

**Tree Planting**

The P & F are planning a working bee to replace some of the trees which have died at the front of the school. We will hold a working bee on Saturday, 30th May at 9am. Please bring your own fork and spade for digging. All volunteers welcome.

**VERY IMPORTANT NOTICE**

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**MONTHLY CALENDAR**

Friday 29 May
Jr Disco
Jr Musical (Bickerdike) 6:00-8:00pm
Saturday 30 May
Marsden HoH Duty
Rugby ISA Round 4 Redfield (H)
Sunday 31 May
Pentecost
Boarders & Yr 5/6 at Cathedral 10am
Marsden HoH Duty
Tuesday 2 June
Yr 7/8 Information Night
Jim & Snr P & F
Yr 11 1/2 day Legal Stud. excursion TBC (DP)
Wednesday 3 June
JS Inter-House Athletics Carnival
9.15 Staff Chapel
Thursday 4 June
SS Athletics
Friday 5 June
Boarders Depart 3:30pm
Mock Trial (CAD)
Saturday 6 June
Lyons AHoH Duty
Rugby ISA Round 5
Sunday 7 June
1st after Pentecost
Lyons AHoH Duty
Monday 8 June
Queen’s Birthday Holiday (TBC)
Tuesday 9 June
Development Committee
Wednesday 10 June
UNSW Science Competition
Finance Committee
9.15 Staff Chapel
Friday 12 June
Festival of Art Opening Year 11 Parent teacher Interviews
Saturday 13 June
Lyon HoH Duty
Finance Committee
Monday 15 June
Yr 12 Drama
Yr 11 English Advanced (9th-12th June)
Yr 11 English Advanced (9th-12th June)
Wednesday 10 June
Yr 12 Visual Arts
Yr 12 Legal Studies oral presentation
Friday 5 June
Yr 11 Agriculture
Yr 12 Music 1
Yr 11 English Advanced (9th-12th June)
Yr 12 Legal Studies
Yr 7 & Yr 8 Instrumental Music
Yr 12 Legal Studies
Yr 12 Music
Tuesday 9 June
Yr 12 Agriculture
Friday 5 June
Yr 12 English Advanced (9th-12th June)
Yr 12 Legal Studies oral presentation
Tuesday 9 June
Yr 11 English Advanced (9th-12th June)
Yr 12 Legal Studies oral presentation
Tuesday 9 June
Yr 11 English Advanced (9th-12th June)
Yr 12 Visual Arts
Wednesday 10 June
Yr 11 English Advanced (9th-12th June)
Yr 11 English Standard
Friday 5 June
Yr 11 English Advanced (9th-12th June)
Yr 12 ESL
Yr 12 Drama
Marsden Charity Clothing Drive

Marsden House Year 12 girls are holding a charity clothing drive for the Youth Off The Streets, an Australian organisation which supports homeless and drug addicted youth. As winter approaches, the need for clothing becomes predominant in order to survive. If you have unwanted clothes sitting in the back of your cupboards, please put them to good use and donate them- you could save a life.

The drive will operate on Friday the 12th of June- this gives students (and possibly their parents) time to gather clothing over the long weekend. All donations would be greatly appreciated!

Mothers and Daughters Course

Pubery Matters

Central West Women’s Health Centre Puberty Matters (Mothers and Daughters) course.

Young women (10 – 13 years) and their mothers have the opportunity to learn about physical, emotional and psychological changes that happen during puberty and adolescence. This course runs for three weeks focusing on building and maintaining a healthy relationship, and learning natural ways to deal with problems in puberty.

When: Wednesday 10, 17, 24 June 2009
Time: 6pm to 8pm
Where: Women’s Health Centre, 20 William Street, Bathurst.
Cost: $40.00 per couple (includes a light supper). Enrolments must be made in advance at the Centre as numbers are limited. All inquiries phone the Women’s Health Centre on 6331 4133.

Exchange Hosting

Southern Cross Cultural Exchange is seeking families interested in hosting an overseas student aged 15-18 years from Germany, Italy, France, Finland, Sweden or Holland in July 2009. If you are interested please call 1800 500 501 or go to www.scce.com.au. For further information there will be an information session on Tuesday, 26 May at 7:30pm at Crows Nest Community Centre, 2 Ernest Place, Crows Nest.

Sports Draws

Season draws for all sports can be found at www.saints.nsw.edu.au under News Events and then Sporting Fixtures.

TRIVIA 2009 Sat 20th June

Just $10 pp.
Tables of 8
Special guest host
ASC Dining Room
LOUD shirts required

Book your table for a great evening of fun and laughter.

Registrar’s Rave

Final reminder for confirmation of movements for your transition child/ren for next year into Kindergarten.

Don’t forget to submit applications if you have not done so already for Transition next year. We have had a huge response already. If you know friends who have been talking about it and haven’t quite done anything yet then direct them to our website and download the application for enrolment forms. We will be contacting those of you that have applied over the next couple of weeks for interviews.

Places for Transition and Kindergarten will be finalised before the end of this term if anyone has any questions then please do not hesitate to contact me.

Year 7 information evening Tuesday 2 June 2009 for all families of current Year 6 students and those looking at year 7 form elsewhere. Please RSVP to reception as refreshments will be provided.

Mudgee Field days 24th and 25th July. They are just around the corner (last week of the school holidays). Now as always we will be there having a great time. Whilst being part of the atmosphere we will also be sharing the All Saints’ story with those that are not as lucky as us, YET. I would love to have the support of families and students during those couple of days as our students are a credit to us and prospective parents and children thoroughly appreciate the opportunity to talk to our real students and families. It would be fantastic if you are interested. Come and help support us during that weekend.

If you are able to, please contact me and let me know what you and/or your children can do? Any ideas too about different activities or themes we can run while we are there are always gratefully received as we have all been to these days looking for information etc.

Winner of last week’s competition to name and place the current ads we are running is………………… MARK WARDREN Extraordinary! Such speed and accuracy so a bottle of Red is coming your way.

Feedback is always truly appreciated whether good, bad or indifferent. It is the only way we can keep on improving what we are doing so keep the communication flowing.

I am approaching my 1st anniversary in this role and continue to look for improved ways in which I/we do things. We are starting the process of confirming our new families and preparing them for next year. Cast your minds back to your entry into the College. For some of you it will be a long time ago, but you will have watched and seen what has changed over the years. For those that have joined more recently, what do we do well and what are the things you would have liked to know or have before you started?

As always give me a call 6332 7313 or email j.thompson@saints.nsw.edu.au. I know I am not the easiest person to track down some days, but I will always get back to you.

GOOD LUCK to all of our equestrian team and supporters. The children start competing Saturday morning. Let’s hope, for once, that the rain misses Coonabarabran otherwise all of us “campers” will be in a sorry state when we return to school next Wednesday. Perhaps we could all share the hotel room with the Miller family who will be there supporting us over the weekend. ( ...could be cosy...)

Sports Draws

Hockey: Saturday, 30 May 2009

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<thead>
<tr>
<th>Games</th>
<th>Venue</th>
<th>Time</th>
<th>Bus leaves</th>
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<tbody>
<tr>
<td>ASC First XI v Pats</td>
<td>Brs Hockey Centre</td>
<td>8.30am</td>
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<td>ASC U15</td>
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Rugby: Saturday, 30 May 2009

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<tbody>
<tr>
<td>ASC 14u XV v Redfield College 1st XV</td>
<td>Watson Oval</td>
<td>1.15pm</td>
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<tr>
<td>ASC U13v Redfield College U13</td>
<td>Watson Oval</td>
<td>12.00pm</td>
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<tr>
<td>ASC U15v Redfield College U15</td>
<td>Watson Oval</td>
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<tr>
<td>ASC U15v Redfield College U15</td>
<td>Edgells Field</td>
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<tr>
<td>ASC U13v Redfield College U13</td>
<td>Edgells Field</td>
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Netball: Saturday, 30 May 2009

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<tbody>
<tr>
<td>ASC 1 v CSU Warraigs</td>
<td>Crt7</td>
<td>1.10pm</td>
<td>1.00pm</td>
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<tr>
<td>ASC 2v Swifts Edinburgh</td>
<td>Crt8</td>
<td>1.00pm</td>
<td>2.30pm</td>
<td>4.10pm</td>
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<tr>
<td>ASC16 Red v Calare Fowes</td>
<td>Crt13</td>
<td>9.30am</td>
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<tr>
<td>ASC 16 Blue v OOT Hawks</td>
<td>Crt9</td>
<td>10.45am</td>
<td>10.15am</td>
<td>11.55am</td>
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<tr>
<td>ASC 16 White v OOT Kowes</td>
<td>Crt14</td>
<td>9.30am</td>
<td>9.00am</td>
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<tr>
<td>ASC 16 Red v Collegians Div Chickes</td>
<td>Crt10</td>
<td>9.30am</td>
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<tr>
<td>ASC 16 Blue v Calare Dunkings</td>
<td>Crt10</td>
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<tr>
<td>ASC14 White v Collegians Swans</td>
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Hockey fixtures

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ACM VARSITY 4th Grade v Bathurst United Dad’s Army

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ACM LADIES 1st Grade v Pindie Eves

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Year 7
in 2010
Information Night

All Saints’ College Bathurst is staging an Introduction to the Year 7 Stepping Programme to assist parents and students in their decision-making on future education.

Students planning for Year 7 in 2010 are invited to attend in the College Chapel on Tuesday, 2nd June 2009 at 7.30pm - 8.30pm.
A light supper will be served.

It’s all part of our extended caring support.

Festival of Art

12th, 13th, 14th June 2009
Opening Friday Night 7.00pm

$20pp
Wine, Champagne, Hors d’oeuvres
and Chamber music

Saturday, 13th June, 9.00am - 5.00pm
Sunday, 14th June, 10.00am - 3.00pm
$5.00 admission

ALL SAINTS’ COLLEGE BATHURST
Eglinton Rd Bathurst NSW 2795 • Phone 02 6331 3911 • Fax 02 6332 2236 • admin@saints.nsw.edu.au • www.saints.nsw.edu.au
YEAR 8 PARENTS’ DINNER
When: 8 August 09
Where: Piper Restaurant, Oxford Hotel
Time: 7pm for 8pm
RSVP: Belinda Peterson 6332 1802 or bingig@bigpond.com
OR TO Wendy Wass on 0412 054554 or wnwass@bigpond.com

Purchase any Elliot Rocke Estate wine through All Saints College and you will go into the draw to win 2 tickets to Mudfest Mudgee International Short Film Festival 20 March 2010

All Saints’ College Infant Classes invite you to their performance of Go Fish
Come one and all and have Oceans of fun!

When: Wednesday, 27th May 2009 and Friday, 29th May 2009
Time: 6.30pm
How Long: Approximately 1 hour
Where: All Saints’ College Bickerdike Centre
Tickets available at the door
Students $3.00, Adults $5.00
IMPORTANT ASTHMA INFORMATION FOR TEENAGERS

Whilst parents and family are there to help, teenagers should be aware that they too can successfully and responsibly manage their own asthma. Tips to help teenagers manage their asthma include:-

1. Remind them to always carry a blue reliever puffer with them and use when asthma symptoms occur.
2. To educate their family and friends about their asthma, and how to deal with an emergency.
3. Reminding them that having asthma doesn’t make them different from others and encourage them to participate in sport and social events.
4. Understanding what triggers their asthma and avoid exposure where possible.
5. To avoid smoking and smoky areas.
6. To use their reliever medication before exercise, this includes dancing, according to their doctor’s recommendations.
7. To work with their doctor to formulate a written Asthma Action Plan and have it reviewed every six months or more often if they have a severe attack.
8. Include them in all discussions and the decision-making process about the management and monitoring of their asthma.
9. Many teenagers rely on their reliever medication rather than continuing to take preventer medications. Remind them that this can be dangerous and that preventer medications, if prescribed, are important as they help stop the inflammation inside the airways.
10. If they are reluctant to take their medications, encourage them to monitor their asthma with a peak flow meter and to adjust their medications according to their Asthma Action Plan.

T: 1800 645 130  
E: ask@asthmansw.org.au  
W: www.asthmansw.org.au

Asthma Foundation NSW launches new information service -

ASTHMA ASSIST

At the Foundation we know that credible health information is highly sought after but often difficult to find. Asthma Foundation NSW aims to provide the community with evidence based and user friendly information to help people better understand and manage their asthma to avoid unnecessary asthma attacks, and to minimise asthma symptoms so people with asthma can lead full and productive lives.

To this end, Asthma Foundation NSW has developed a free information service “Asthma Assist” for anyone with asthma or an interest in asthma.

By registering you will receive:

onAIR – our free email newsletter  
Sent up to 6 times a year onAIR features information about topics such as asthma research, medications and devices, and asthma triggers.

An Asthma Control Pack  
This includes an Asthma Emergency Card and other useful information to help you manage your child’s asthma, or the asthma of someone you know and care for. You can request up to 3 packs per household.

A free asthma first aid magnet  
Be sure you know what to do in an asthma emergency.

If your child....

- Ever wakes in the night coughing or wheezing
- Gets breathless or wheezy during the day
- Needs to take their blue reliever puffer more than 3 times a week
- Finds their asthma limits physical activity & exercise
...it is possible that their asthma is not as well controlled as it could be. Many people with asthma put up with these symptoms without realising it’s their asthma that is letting them down.

Find out how you can better manage your child’s asthma. Join our free information service - Asthma Assist at www.asthmansw.org.au

Any questions please contact our free Asthma Information Line 1800 645 130