**Weekly Revelations**

21 May 2009

**Head of Senior School**

Mr Stewart Ross

**Red Shield Appeal**

Next Sunday 24th May, is the Salvation Army’s Red Shield Appeal. Captain Daniel Ross from our local branch spoke to our assembly on the 12th about the work of the Salvos and their need for funds for their many projects. We are still seeking assistance from any students that can spare a few hours on Sunday morning for this worthwhile cause. If interested please see Reception for more detail. Parents, perhaps a little coaxing from your would help.

**Big Night Out**

Tomorrow night is the Big Night Out. This is a fundraising event for the Year 12s and showcases the musical talent (!!!) of many of our students. It is an enjoyable night where the money raised is used by the Year 12 students for their gift to the school. Tickets are only $5 which is very reasonable for a night’s entertainment.

**Sporting Achievements**

Congratulations to Charlie Clifton who has been selected in the ISA Rugby Union squad. Similarly to Cameron Picker for selection in the CIS Rugby League team. Both boys will be competing soon for these organisations. Danielle Plummer has earned a spot in the Girls’ AICES football team with a strong display at the trials last week as too have Amelia Burke and Anna Feebrey in the CIS Hockey team. We certainly do have a wealth of sporting talent at the school.

**Thought: Along with success comes a reputation for wisdom. Euripides**

**Tree Planting**

The P & F are planning a working bee to replace some of the trees which have died at the front of the school. We will hold a working bee on Saturday, 30th May at 9am. Please bring your own fork and spade for digging. All volunteers welcomed.

**Assessment Tasks**

**Year 7 in 2010 Information Night**

All Saints’ College Bathurst is staging an Introduction to the Year 7 Stepping Programme to assist parents and students in their decision-making on future education.

Students planning for Year 7 in 2010 are invited to attend in the College Chapel on Tuesday, 2nd June 2009 at 7.30pm - 8.30pm. A light supper will be served.

It’s all part of our extended caring support.
Registrars' Rave

Fantastic weekend at Dubbo Boarding Expo. Eliot and I met many very interested families for the next few years from all over NSW. As always very exciting to see the active and genuine interest from these prospective families. The message coming across to us was that families are looking for schools closer to home that still have that regional/country feel. As most of you know I have no qualms about extolling the virtues of our College.

Reminder again that Transition applications and Kindergarten enrolments for next year close next week. Kindergarten places are becoming very limited already, so please email me or call me to confirm your plan. Absence of a response will indicate that you will not be requiring a place for next year.

Another reminder too Year 7 information evening: 19:30 – 20:30. Please RSVP for catering purposes (as detailed on your recent letter from Dr Peter Miller). If you know anyone that is thinking of All Saints’ as an option for their child please bring them along. It certainly will be a great night with relevant information for that next big step.

Coonabarabran Horse Expo. On another note which again demonstrates the level of commitment from our students and parents (without whose support none of this would be achievable) is our pending Coonabarabran Horse Expo. We again have another strong team entered. Competing from Saturday, 30 May concluding with the Grand Parade Tuesday 2 June 2009. This includes all equestrian disciplines. The girls and boys entered show real dedication as this is over and above their normal school sporting commitments. This is another event in which it is great to show off the school community so a huge thank you to Annie Phillips as Team Manager and all the other parents that have rallied around to make sure that both horse and rider make it there.

PRIZE TO BE WON - bottle of Eliot Rocke wine (red or white). Just as a little piece of fun (and serious) market research we have been running some ads on the radio. Can you tell me what they were for and on which radio station? Even if you haven’t heard them let me know. Send to j.thompson@saints.nsw.edu.au

ATTENTION: BOARDING FAMILIES

Our ‘Social Night Out’ is on Saturday, 30th May 2009 for all Boarding Families and Boarding Staff. At this stage the numbers are very disappointing. This is a very simple fundraiser for our boarding houses and a good excuse to get together. RSVP is nearing. If you are considering attending - I need you to complete the entry form (All Saints’ Boarding P & F) and your details by Tuesday, 26th May at 5.30pm (FLYER ATTACHED) Replies after this date will not be accepted as the Hotel needs numbers for catering!!!

Any queries: Penny Hale 02 9487 2867 or 0417008610.

Sports Draws

Hockey: Saturday, May 23 2009

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<thead>
<tr>
<th>Games</th>
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<th>Time</th>
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<tbody>
<tr>
<td>ASC 2 v CSU Vic Blue</td>
<td>Crt7</td>
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<tr>
<td>ASC 2 v CSU Vic Red</td>
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<td>ASC 16 Blue v OOT Macaws</td>
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<td>ASC 16 White v OOT Hawks</td>
<td>Crt14</td>
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<tr>
<td>ASC 14 Red v Collegians Hurricanes</td>
<td>Crt10</td>
<td>9:30am</td>
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<tr>
<td>ASC 14 Blue v Collegians Goanna Gals</td>
<td>Crt11</td>
<td>10:45am</td>
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<tr>
<td>ASC14 White v Edginton Panthers</td>
<td>Crt12</td>
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Rugby: Saturday, May 23 2009

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<tbody>
<tr>
<td>ASC U 16 v Redlands 1st XV</td>
<td>Campbell</td>
<td>11:00am</td>
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<tr>
<td>ASC U16 v Redlands U6</td>
<td>Campbell</td>
<td>10:00am</td>
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<tr>
<td>ASC U15 v Redlands U5</td>
<td>Gwilliam</td>
<td>12:00pm</td>
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<tr>
<td>ASC U16 v Redlands U4</td>
<td>Gwilliam</td>
<td>11:00am</td>
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<tr>
<td>ASC U15 v Redlands U3</td>
<td>Gwilliam</td>
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Netball: Saturday, May 23 2009

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Bathurst District Soccer: Sunday, May 24 2009

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<tr>
<td>ASC Mens 4th Grade v Padda Grizzlys</td>
<td>Pocock Park</td>
<td>3:00pm</td>
<td>2:30pm</td>
<td>4:40pm</td>
</tr>
<tr>
<td>ASC Mens 2nds Club v United</td>
<td>Pocock Park</td>
<td>3:00pm</td>
<td>2:30pm</td>
<td>4:40pm</td>
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<tr>
<td>ASC Ladies 1st v Orange Warburts</td>
<td>Warburts Stadium</td>
<td>11:00am</td>
<td>4:55pm</td>
<td>6:00pm</td>
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<tr>
<td>ASC 3rd v Brumbies 75 (May 27)</td>
<td>Police Paddock</td>
<td>6:30pm</td>
<td>6:00pm</td>
<td>8:15pm</td>
</tr>
<tr>
<td>ASC 2nd v Bathurst United Green (May 27)</td>
<td>Police Paddock</td>
<td>6:00pm</td>
<td>5:30pm</td>
<td>7:45pm</td>
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Festival of Art

12th, 13th, 14th June 2009

Opening Friday Night 7.00pm

$20pp
Wine, Champagne, Hors d’oeuvres
and Chamber music

Saturday, 13th June, 9.00am - 5.00pm
Sunday, 14th June, 10.00am - 3.00pm
$5.00 admission

Purchase any
Elliot Rocke Estate wine through
All Saints College
and you will go into the draw to

win
2 tickets to Mudfest
Mudgee International
Short Film Festival
20 March 2010

YEAR 8 PARENTS’ DINNER

When: 8 August 09

Where: Piper Restaurant, Oxford Hotel

Time: 7pm for 8pm

RSVP: Belinda Peterson 6332 1802
or bingig@bigpond.com

OR TO

Wendy Wass on
0412 054554 or wnwass@bigpond.com

ALL SAINTS’ COLLEGE BATHURST
THE BOARDING P & F
HAVE ORGANISED
FOR BOARDING FAMILIES AND
BOARDING STAFF & FAMILIES
‘A SOCIAL NIGHT OUT’

WHAT:  A Barbeque
WHERE:  The Chifley Hotel
         157 Havannah Street
         Bathurst
WHEN:  Saturday, 30th May
TIME:   6.30pm
COST:   $8.00 per head up to age 12
         $15.00 per head 12 – 15 years
         $20.00 per head 16 years & above

RSVP: Penny Hale – 178A Eastern Road, Wahroonga NSW 2076
With your cheque and details by 26th May. Any queries ring Penny 029487 2867

NAME:________________________________________________________________________
Under 12_______________________________________________________________________
12 – 15 years___________________________________________________________________
16 years & above_________________________________________________________________
Amount enclosed:______________________________
IMPORTANT ASTHMA INFORMATION FOR
TEENAGERS

Whilst parents and family are there to help, teenagers should be aware that they too can successfully and responsibly manage their own asthma. Tips to help teenagers manage their asthma include:-

1. Remind them to always carry a blue reliever puffer with them and use when asthma symptoms occur.
2. To educate their family and friends about their asthma, and how to deal with an emergency.
3. Reminding them that having asthma doesn’t make them different from others and encourage them to participate in sport and social events.
4. Understanding what triggers their asthma and avoid exposure where possible.
5. To avoid smoking and smoky areas.
6. To use their reliever medication before exercise, this includes dancing, according to their doctors recommendations.
7. To work with their doctor to formulate a written Asthma Action Plan and have it reviewed every six months or more often if they have a severe attack.
8. Include them in all discussions and the decision-making process about the management and monitoring of their asthma.
9. Many teenagers rely on their reliever medication rather than continuing to take preventer medications. Remind them that this can be dangerous and that preventer medications, if prescribed, are important as they help stop the inflammation inside the airways.
10. If they are reluctant to take their medications, encourage them to monitor their asthma with a peak flow meter and to adjust their medications according to their Asthma Action Plan.

T: 1800 645 130
E: ask@asthmansw.org.au
W: www.asthmansw.org.au

Exchange Hosting

Southern Cross Cultural Exchange is seeking families interested in hosting an overseas student aged 15-18 years from Germany, Italy, France, Finland, Sweden or Holland in July 2009. If you are interested please call 1800 500 501 or go to www.scce.com.au.

For further information there will be an information session on Tuesday, 26 May at 7:30pm at Crows Nest Community Centre, 2 Ernest Place, Crows Nest.

RUGBY ON THE WEBSITE

After an awesome start to the season winning four games from five, the College would like to thank the community for their wonderful support on Saturday. Great weather, great rugby and great fun! The website is full of photos, reports and upcoming game details. Get online and check it out - www.saints.nsw.edu.au