Subject Selection for 2010
Attention parents of Years 7-10

The process of selecting subjects for 2010 is now beginning. This is the start of a lengthy process that will culminate in the 2010 timetable. It is necessary to begin the process early to give appropriate time for deliberations in relation to which subjects will run and the staffing of same. Please note the dates below carefully. In particular, I would encourage all Year 10 students and their parents to come along to the subject selection information evening on Monday 27th July. There will be a brief presentation, limited to less than thirty minutes, with an opportunity for questions. Beginning at 7pm, we will be on our way home before 8pm. The main purposes of the evening is to explain the mechanics of subject selection, give advice on the basis for wise subject selection, and to dispel some myths regarding scaling and the UAI (now ATAR). I look forward to seeing you there.

Subject Choice Timeline

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
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<tbody>
<tr>
<td>Friday 19 June</td>
<td>Selection Booklets and Forms distributed to students</td>
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<tr>
<td>Friday 19 June</td>
<td>Selection Booklets and Forms posted to boarding parents</td>
</tr>
<tr>
<td>Monday, 27th July</td>
<td>Year 11, 2010 Subject Selection Information Evening, following parent teacher interviews, for Year 10 students and their parents.</td>
</tr>
<tr>
<td>Friday, 7th August</td>
<td>Initial Subject Selection Forms due from Year 10 (Year 11, 2010)</td>
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<tr>
<td>Friday, 7th August</td>
<td>Subject Selection Forms due from Year 8 &amp; 9 (Year 9 &amp; 10, 2010)</td>
</tr>
<tr>
<td>Monday, 17th August</td>
<td>Language Selection Forms due from Year 7 (Year 8, 2010)</td>
</tr>
<tr>
<td>Friday, 21st August</td>
<td>Year 11, 2010 Subject Lines Published</td>
</tr>
<tr>
<td>Friday, 28th August</td>
<td>Final Subject Selection Forms Due from year 10 (Year 11, 2010)</td>
</tr>
</tbody>
</table>
Festival of Art Raffle Prizes
Thank you to everyone who participated in this aspect of the Art Show. The response was wonderful with the following winning tickets being drawn. Congratulations to:
First Prize – Painting – Meg Jones
Second Prize – Redwood Bowl – Johanna Krebs
Third Prize – Necklace – Maggie Walsh
Fourth Prize – Stained Glass Sun-catcher - Anne Williams

Festival of Art thank you
On behalf of the Art Show committee I would like thank all parents, staff and students who were involved in making the ASC Festival of Art such a wonderful and successful weekend. Without the help of everyone the weekend would not be possible.
Maree Crofts, Co-ordinator, ASC Festival of Art

Spring Fair Sponsorship Needed
Sponsorship needed for slot cars and Mechanical Bull
Advertise your business at the Spring Fair. College family sponsors so far are Peter Rogers, Raine and Home, Coates Mitre 10 and Kurrawong Organics. Contact Lisa Coates 0417 409 384 and Lesley Bland 0408 618 185

Trash and Treasure
Attention: Boarding families
Trash and Treasure needed for the Spring Fair
Do you have any T&T to bring back with you at the end of the July holidays.
Drop off at bookshop verandah.
Enquiries please ring Lesley Bland 0408 618 185

RT Cafe Thank you
A huge thank you to all the parents and students that helped over the weekend at the Festival of Art. It was a great success. Lesley Bland

Sports Draws
Hockey: Saturday, 20 June 2009

<table>
<thead>
<tr>
<th>Games</th>
<th>Venue</th>
<th>Time</th>
<th>Bus leaves</th>
<th>Returns</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASC First XI v Kelso</td>
<td>T3</td>
<td>8.30am</td>
<td>8.00am</td>
<td>9.45am</td>
</tr>
<tr>
<td>ASC U15 v Pats</td>
<td>T3</td>
<td>9.45am</td>
<td>9.15am</td>
<td>11.00am</td>
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</tbody>
</table>

Rugby: Saturday, 20 June 2009

<table>
<thead>
<tr>
<th>Games</th>
<th>Venue</th>
<th>Time</th>
<th>Bus leaves</th>
<th>Returns</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASC 1st XV v CCGs 1st XV</td>
<td>Central Coast Grammar School</td>
<td>10.15am</td>
<td>6.30am</td>
<td>3.30pm</td>
</tr>
<tr>
<td>ASC U16a</td>
<td>NO GAME</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ASC U16b</td>
<td>NO GAME</td>
<td></td>
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<tr>
<td>ASC U16c</td>
<td>NO GAME</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ASC U13</td>
<td>NO GAME</td>
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Netball: Saturday, 20 June 2009

<table>
<thead>
<tr>
<th>Games</th>
<th>Venue</th>
<th>Time</th>
<th>Bus leaves</th>
<th>Returns</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASC 1</td>
<td>BYE</td>
<td>3.00pm</td>
<td>2.30pm</td>
<td>4.10pm</td>
</tr>
<tr>
<td>ASC 2 v CSU Yellow</td>
<td>Cr1b</td>
<td>10.45am</td>
<td>10.15am</td>
<td>11.55am</td>
</tr>
<tr>
<td>ASC 6 Red v Collegians Crows</td>
<td>Cr13</td>
<td>9.30am</td>
<td>9.00am</td>
<td>10.40am</td>
</tr>
<tr>
<td>ASC 16 Blue v Collegians Bears</td>
<td>Cr14</td>
<td>10.45am</td>
<td>10.15am</td>
<td>11.55am</td>
</tr>
<tr>
<td>ASC 16 White v OOT Macrons</td>
<td>Cr14</td>
<td>10.45am</td>
<td>10.15am</td>
<td>11.55am</td>
</tr>
<tr>
<td>ASC 14 Red v ASC 14 Red</td>
<td>Cr10</td>
<td>10.45am</td>
<td>10.15am</td>
<td>11.55am</td>
</tr>
<tr>
<td>ASC 14 Blue v ASC 14 Red</td>
<td>Cr10</td>
<td>9.30am</td>
<td>9.00am</td>
<td>10.40am</td>
</tr>
<tr>
<td>ASC 14 White v Collegians Supergirls</td>
<td>Cr11</td>
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Bathurst District Soccer: Sunday, 21 June 2009

<table>
<thead>
<tr>
<th>Games</th>
<th>Venue</th>
<th>Time</th>
<th>Bus leaves</th>
<th>Returns</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASC Mens 4th Grade v City Red Toys White</td>
<td>Princes Park</td>
<td>9.00am</td>
<td>8.30am</td>
<td>10.45am</td>
</tr>
<tr>
<td>ASC Ladies 2nd v Collegians</td>
<td>Princes Park</td>
<td>11.00am</td>
<td>12.00am</td>
<td>2.40pm</td>
</tr>
<tr>
<td>ASC Ladies 3rd v CSU Orange</td>
<td>Princes Park</td>
<td>9.00am</td>
<td>10.00am</td>
<td>12.00pm</td>
</tr>
</tbody>
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FROM THE LIBRARY
New Online Databases
All Saints’ students now have three new online databases they can access anytime, anywhere. These support and complement the other online resources they can access from home, using their normal school username and password at library.saints.nsw.edu.au

1. Oxford Reference Online
This resource contains an enormous number of resources covering Art, History, Literature, Politics, Religion and Philosophy, Science Technology and Medicine and Mathematics as well as English dictionaries, thesauruses and quotations.

2. Oxford Music Online incorporating:
- Grove Music Online
- The Oxford Dictionary of Music
- The Oxford Companion to Music
Grove Music Online is the ultimate scholarly authority on all aspects of music worldwide

3. Oxford Art Online
This covers a broad range of the visual arts using images, timelines, biographies and historical background information.

All Saints’ family business directory
The P & F is compiling a list of businesses run by All Saints’ families that may be helpful to your business or your purchasing decisions. If you would like to add your business to the list please email Susan Douglas at susan@oracletelecom.net.au. It is intended that the list will be published on the All Saints’ website.

Presentation Ball
Photo orders
Proof sheets are now available in Reception.

Prices:
6 inches x 4 inches $1
5 inches x 7 inches $3
6 inches x 8 inches $5
8 inches x 10 inches $12
8 inches x 12 inches $15

Go to www.saints.nsw.edu.au and check out the latest news
Dear year 10 parents (Day and Boarder),

You are invited to drinks and/or gourmet pizza at the Church Bar for a chance to catch up and meet any new parents.

Date: Thursday 2nd July
Time: 5:30-7:00pm
Venue: The Church Bar (1 Ribbon Gang Lane, behind the National Australia Bank in William Street)
RSVP: by Thursday 18th June, to Nikki Barnett (Rosie’s mum) on 63323407 or colnich@tpg.com.au
N.B Everyone can just order and pay for whatever drinks and pizzas they want on the night but we still need numbers in advance please, including the children (who are very welcome).

CATHEDRAL BELLS OF BATHURST
FIRST RINGING OF THE BELLS
FRIDAY, 26TH JUNE 2009 AT 3 PM

History will be made on Friday, 26th June at 3pm when the newly refurbished Cathedral Bells will ring out over the City of Bathurst for the first time. The occasion will form part of the civic reception to the new Roman Catholic Bishop of Bathurst, Fr Michael McKenna.

A team of bellringers from Sydney will come to Bathurst for the occasion and will have the privilege of being the inaugural team to experience the new tower and its historic bells.

The official opening and dedication of the tower will occur this year on Saturday, 31st October at 11am.

Bells have an important place in the life of any community. They call people to gather and they proclaim significant events that are taking place. They have also been used to warn people of danger and to tell when a tragedy has taken place. Finally, they are a reminder of the community in which we live and they add to the soundscape of a town or village.

The Dean of Bathurst, The Very Reverend Andrew Sempell, invites members of the Bathurst and wider community to witness this historic event.
Infectious Disease Factsheet

Pertussis (Whooping Cough)

Last updated: 30 January 2008

What is pertussis?

Pertussis (or whooping cough) is a disease caused by infection of the throat with the bacteria *Bordetella pertussis*.

What are the symptoms?

- Pertussis usually begins just like a cold, with a runny nose, tiredness and sometimes a mild fever.
- Coughing then develops, usually in bouts, followed by a deep gasp (or "whoop"). Sometimes people vomit after coughing.
- Pertussis can be very serious in small children. They might go blue or stop breathing during coughing attacks and may need to go to the hospital.
- Older children and adults may have a less serious illness, with bouts of coughing that continue for many weeks regardless of treatment.

How is it spread?

Pertussis is spread to other people by droplets from coughing or sneezing. Untreated, a person with pertussis can spread it to other people for up to three weeks after onset of cough.

The time between exposure and getting sick is usually seven to ten days, but can be up to three weeks.

Who is at risk?

- Anyone can get pertussis.
- People living in the same household as someone with pertussis are more likely to catch it.
- Immunisation greatly reduces your risk of infection, but reinfection can occur.

How is it prevented?

Immunise your child on time

- The vaccine does not give lifelong protection against pertussis, and protection is sometimes incomplete.
- Children need to be immunised at two, four and six months.
- Boosters are needed at four years of age and again at 15 years of age.
- Immunisation is available through general practitioners and some local councils.

Keep your baby away from people who cough

- Babies need two or three vaccinations before they are protected. For this reason, it is very important to keep people with coughing illnesses away from your baby so they don’t pass on pertussis or other germs.

Get immunised if you are an adult in close contact with small children

A vaccine for adults is available. It is recommended:

- For both parents when planning a pregnancy, or as soon as the baby is born
- For adults working with young children, especially health care and child care workers.

If you are a close contact of someone with pertussis:

- Watch out for the symptoms. If symptoms develop, see your doctor, take this factsheet with you and mention your contact with pertussis.
- Some close contacts at high risk (e.g., children under one year, children not fully vaccinated, and women at the end of their pregnancy) and others who live or work with high-risk people may need to take antibiotics to prevent infection.

If you have pertussis:

- Get treated early while infectious, avoid other people and stay away from young children, e.g., at child care centres, pre-school and school.

How is it diagnosed?

If a doctor thinks someone has pertussis, a swab from the back of the nose, or a blood test may be done to help confirm the diagnosis.

How is it treated?

A special antibiotic - usually either azithromycin, erythromycin or clarithromycin - is used to treat pertussis. These antibiotics can prevent the spread of the germ to other people.

Coughing often continues for many weeks despite treatment.

What is the public health response?

Doctors and laboratories must confidentially notify cases of pertussis to the local Public Health Unit. Public Health Unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.
Common Colds need common sense

Colds are infections of the respiratory tract. They are caused by viruses and usually get better on their own in 7—10 days. A cough is often the last thing to improve and can last up to 3 weeks. Antibiotics work only on bacteria, not the viruses which cause common colds. Therefore, antibiotics won’t help a cold get better faster or stop it from getting worse, and they won’t stop a cold from spreading to others.

Usually children with colds don’t feel well. Symptoms can include sneezing, a blocked or runny nose, headache, a sore throat and coughing. Some children may vomit and have diarrhoea as well. Green or yellow mucus may come from the nose and is a positive sign that your child’s immune system is fighting the infection and does not mean the cold is getting worse. Fever, or an elevated temperature is generally mild when it does occur.

Colds are common, in fact:
- Children can get 5—10 colds per year; adults can get 2—4.
- Children get more colds than adults because they do not have the same immunity to many cold viruses as adults do.
- More than 200 different viruses can cause common colds.

A cold in itself is not serious but can sometimes lead to other infections such as ear infections, sinusitis, asthma and tonsillitis.

Colds are not flu

Influenza (or flu) is a serious illness. A ‘common cold’ is often called the ‘flu’ but they are different.

Influenza vaccine may be recommended in autumn for people who are at risk of serious complications. The Health Centre can arrange this vaccination if you require it for your child or you can contact your local GP. Influenza vaccine will not prevent you from getting common colds as they are caused by different viruses.

A new influenza virus that is causing illness in people is the much publicised Human Swine Influenza.