From the Head of Junior School

Mr Chris Jackman

Heads of Independent Co-Educational Schools (HICES) Athletics Carnival

On Tuesday 2 September our Junior School Athletics team will be travelling to Homebush to participate in the HICES Athletics Carnival. Judging by our very dominant performances at the WAS Athletics two weeks ago, I am confident our athletes will do very well at the HICES Carnival.

Western Associated Schools (WAS) Chess Tournament

Orange Anglican Grammar School will be hosting the WAS Chess Tournament on Tuesday 9th September. I wish all of the members of our Chess team the best of luck.

Junior School Assemblies

All parents are welcome to attend Junior School assemblies. In the warmer months they are conducted on the Outdoor Assembly area and during the colder months we move into the Kemmis Building. Assemblies begin at 9.00am.

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>29 August</td>
<td>Year 4</td>
</tr>
<tr>
<td>8</td>
<td>5 September</td>
<td>Year 3</td>
</tr>
<tr>
<td>9</td>
<td>12 September</td>
<td>Year 2N – Last Assembly of the term</td>
</tr>
</tbody>
</table>

Important Dates for the Calendar

2/9/14 JS HICES Athletics Carnival (Homebush)

18/9/14 Benefactor’s Service and last day of Term 3.

Spring Fair Update: Note to Parents

- Purchase your wristbands from Mrs Keogh (Junior School) and Mrs Wade (Senior School) save yourselves the rush!
- Please let your year stall holder know if you can help on the day of fair! The list is in the VIM and REVs. Please contact Melanie Geyer melgeyer@outlook.com or Catriona Roach c.roach.interiors@bigpond.com.au if you are unsure of anything.
- Please sell your raffle tickets and return to school. The prizes are fantastic!
- Junior school children should be colouring in madly for our colouring in competition! Hand them in to Mrs Keogh when you’re finished.
- Please hand in your gorgeous ‘lamb’ help required note, we need as many lovely parents as possible to help on the day.
- Any parents out there who are able to contribute to the pavlova stall (jomurphy@telstra.com), Cake Stall (catherine.mcewen@bigpond.com) or Treasure and Book Stall (suttonjj1@bigpond.com) your help would be greatly appreciated.
- We still require parents with an RSA for the bar and students who are willing to do a 15 minute stint in dunking machine.
- Any parents out there who are able to contribute to the pavlova stall (jomurphy@telstra.com), Cake Stall (catherine.mcewen@bigpond.com) or Treasure and Book Stall (suttonjj1@bigpond.com) your help would be greatly appreciated.
- We still require parents with an RSA for the bar and students who are willing to do a 15 minute stint in dunking machine.

Thank you for WAS Carnival help

WAS Carnival – Thank you to all the wonderful parents who supplied food on the day for us to sell. A super big thank you to Rosie Bayliss, Lisa Hunter & Jayne Miller who worked tirelessly on the day either serving up all the goodies or working the coffee machine. We raised $1123. Well done.

Stacey Whittaker Chair JSP&F Subcommittee

Book Club is due Friday, 29th August 2014 and no late forms will be accepted

Peer Support Lessons

This week in Peer Support the children will be participating in activities helping them to identify and accept differences in people. Children will also identify ways they can demonstrate being caring through their actions.

Discuss with your child the importance of accepting differences in other people. Perhaps take the time to identify and discuss the various differences people may have eg. appearance, religion, culture, disabilities. Ask your child to share the qualities they appreciate in their friends.

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- We still require parents with an RSA for the bar and students who are willing to do a 15 minute stint in dunking machine.

Thank you to all, we are looking forward to a fantastic fair!

The Spring Fair Committee
This week has been full of wonderful words, wombat stew, weaving, wacky play dough, watermelon sequencing, whales and woodworking to begin with. Have you guessed our letter of the week yet? We are also exploring length and measuring long and short things and have been practising pedestrian safety. We made our own props to reenact our own version of wombat stew and even made some ooey gooey yummy chewy Wombat stew of our own full of pudding, worms (gummy), flies (cranberries), gumnuts (choc chips) and feathers (coconut). We are preparing for Fathers Day and looking forward to our visitors coming next week. Thank you for everyone who has RSVP’ed as we hope to finalise numbers this week. We are looking forward to finishing our last week of winter and have been glad to be wearing hats again on the warmer days so please ensure your child has one in their tubs again.

Hayden and Charlie making their masks for our Wombat Stew play

Hannah drew an amazing picture of her mum on the whiteboard.

Phoenix enjoyed completing the pizza challenge sorting letters and pictures in the pizza box.

Sequencing watermelon numbers to 20.

Lily was very careful at the woodworking table.

Harry made then dictated a wonderful spontaneous pirate story.

Fynn doing some wonderful weaving.

Chaise experimented with the marble maze.

Eliza loves the crafting table.

Archie was very proud of his dad in the paper.

Great weaving Sian.

Hayden and Charlie making their masks for our Wombat Stew play

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FROM THE CHAPLAIN
Rev. Tony Card

“He is the image of the invisible God, the firstborn of all creation” (Colossians 1:15, NRSV)

Last week we discussed how sin had changed the world and ruined the image of God within us. This week we have the words of the Apostle Paul reminding us what the image of God looks like. We see it in the person of Jesus Christ. If we are to regain the image of God then we need to look to Jesus for inspiration and example. So what do we see when we look at Jesus? Whilst we may differ in our views on who he is, (e.g. good moral teacher, prophet, saviour), there can be little variation on the type of person he was shown by the way he acted.

Jesus was committed to a relationship with God. We constantly read of him going off to pray to God. He told his followers that he was sent by the Father and did only the things that the Father asked him to do. His life was defined by the command to love God with all your heart, soul, and strength.

He showed love to and acceptance of all people regardless of their background. He spoke with the Samaritan woman at a time when Samaritans were hated by the Jews. He forgave prostitutes and adulterers. He called tax collectors to follow him. He healed the Roman centurion’s child, even though Rome had invaded his country. He even healed the ear of one of his captors when it had been cut off by Peter. Jesus didn’t accept the sin that these people had committed but he did accept the person. His act of going to the cross for us exemplifies his love for sinners. His life was defined by the command to love your neighbour as yourself.

As we try to regain God’s image in our lives we can learn from and follow the example of Jesus - to have a committed relationship with God and to love all regardless of where they are from and what they have done.

With every blessing,
Rev. Tony Card

Thought for the week: ‘And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him’ (Colossians 1:22, NRSV)

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HOCKEY REPORTS

Minkey Hockey Report Saturday 23rd August 2014

Last Saturday, 23rd August, the Under 7 Kookas played a terrific game against St. Pats. After a few marvellous goals from Aston, the score was quickly forgotten, as All Saints’ managed to convert multiple times. I was extremely impressed with the way that every player swapped in and out of positions and did their job whether that be as a striker, midfielder or defender. Well done to Aston who listened to feedback at half time and as a result completed some superb passes to his team mates. Our Player of the Match went to Sian, who had some great runs up the field with a fantastic improvement in her ability to control the ball (she also scored some very exciting goals). Well done to everyone in the team and I look forward to our last game presentation this weekend.

Sophie Hanigan, (Coach Under 7s Kookas)

Under 13s Hockey Team
On Saturday, 23rd August, the U13’s Girls hockey team played against St. Pats blue. On the day we were missing a few players. We were unfortunately beaten 5-1. Even though we were defeated, our goalie, Darcie did an amazing job by saving some shots to the goal. Georgie scored the only goal for us in the day. Each of the girls played tremendously well considering that we had no subs. Congratulations to Lucy who was voted ‘players player’ for her outstanding job on Saturday. As the quote goes, ‘Never give up.’ By Natalia Burgess

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NETBALL REPORTS

Congratulations to the U10 and U12 teams who are playing in Semi-Finals this weekend. Well Done! Good Luck! This is the last weekend for Net-Set-Go and Netta. There will be a presentation for these children at approx. 1pm. Well done to all of these players for the fantastic effort and positive attitude they have displayed throughout the season.

Draw: Saturday, Aug 30
ASC Seahorses 12:10 Court 12 Captain Milla Nelson
ASC Stingrays 9:55 Court 13 Captain Coaches
ASC Prawns 11:05 Court 7 Captain Sara Reynolds

All players need to be at the courts 30 mins prior to the commencement of the game, please.

Clubhouse Duty Roster: ASC Stingrays Finals Round - (Allocation to be notified)

Gabrielle Darlington, Junior School Netball Coordinator

Match Reports - Saturday Aug 23
ASC Seahorses
This week the ASC Seahorses played the Collegian Popstars in an exciting netball game. This game was the best game we have played yet! Shanlei and Milla were absent so we had a girl from the other team play for us in each quarter. They scored our first two goals for the season! That motivated the girls to have more confidence. Maayan ran in front of the other players and intercepted beautifully. Lottie nearly got our first team goal. Zoe was catching the ball and passing to the right people. Charlotte was getting in the right spaces and for that she got the medal this week. Olivia and Charlee had some great passes and were running around a lot. Thank-you Mrs Darlington for coaching us so well. “Losing can hurt but it doesn’t matter as long as we gave our 100 percent. We will keep smiling and growing and soon we know WE WILL WIN!!!” Thanks for such an effort girls. We make a great team! Maayan and Tamar.

ASC Stingrays
The weather was very kind and brought us a beautiful Saturday morning to play the Bulldogs Pearls in the last round of season. The first half was very exciting with Collette, Hannah, Lucy and Breahna feeding the ball up to Georgie and Kate who combined together to score 7 goals. Our defence of Rhiannon, Lauren and Sophie kept the Pearls to only 2 goals giving us a 5 goal lead at half-time. The second half saw our attack of Sophie, Lucy and Georgie passing very well to get the ball to our shooters Lauren and Hannah who scored 10 more goals. Our defence of Kate, Rhiannon, Collette and Breahna worked extremely hard and stopped the Pearls from scoring any more goals in the match. The final score was 17-2. We had a great deal of fun in our game against the Pearls and our team is looking forward to our semi-final match this weekend. Jenny Dickie
ASC Prawns
No match report as they had a bye.
Soccer Draw for Saturday 30th August 2014

<table>
<thead>
<tr>
<th>Team</th>
<th>Time</th>
<th>vs</th>
<th>Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 6 Stars</td>
<td>1.00pm</td>
<td>Panda Cubs</td>
<td>Proctor Park 9</td>
</tr>
<tr>
<td>Under 6 Eclipse</td>
<td></td>
<td>Bye</td>
<td></td>
</tr>
<tr>
<td>Under 6 Martians</td>
<td>1.00pm</td>
<td>Oberon United Wolves</td>
<td>Proctor Park 8</td>
</tr>
<tr>
<td>Under 7 Milky Ways</td>
<td>12.00pm</td>
<td>City Red Tops</td>
<td>Proctor Park 10</td>
</tr>
<tr>
<td>Under 8 Meteorites</td>
<td>9.00am</td>
<td>Macquarie United Wildcats</td>
<td>Proctor Park 12</td>
</tr>
<tr>
<td>Under 9 Asteroids</td>
<td>9.00am</td>
<td>Macquarie United Lynx</td>
<td>Proctor Park 13</td>
</tr>
<tr>
<td>Under 10 Comets</td>
<td>11.00am</td>
<td>Collegians Dragons</td>
<td>Proctor Park 14</td>
</tr>
<tr>
<td>Under 11 Galaxy</td>
<td>1.00pm</td>
<td>Eglinton Marlins</td>
<td>Proctor Park 15</td>
</tr>
<tr>
<td>Under 11 Rockets</td>
<td>1.00pm</td>
<td>City Red Tops</td>
<td>Proctor Park 14</td>
</tr>
</tbody>
</table>

ASC Spring Fair cake stall.

Year 6 has the cake stall this year!

Olga and I would appreciate donations of cakes and slices for our stall.

Please let me know by email if you are able to help.

Boxes can be collected from Sarah O’Neil, Naomi Miller, Linda Cant,

Olga Burgess and Catherine McEwen:

My Email is Catherine.mc ewen@bigpond.com

Regards, Catherine McEwen.

(Could we please request that cakes are nut free and all ingredients are listed on the box)

MEN’S SHED SEWING MACHINE APPEAL

An appeal headed by Geoff Higgins from Dubbo Community Men’s Shed.

A few months ago the island of Leyte, in the Philippines, was devastated by typhoon Yolanda. As a result of the typhoon many people in Leyte have lost their livelihood. This is particularly true of coconut growers, because all the coconuts have been stripped from the trees.

An organization called Livelihood Integrated Support Organization , based in the city of Ormoc, headed up by Roberto Martinez, is trying to get typhoon victims back on their feet and provide them with a means of supporting themselves. (Roberto is a personal friend of Geoff Higgins).

Sewing machines would be of great value to the organisation, and they will take as many sewing machines as they can get.

As well as distributing sewing machines, Roberto is already holding classes to instruct people in the use or sewing machines.

Dubbo Community Men’s shed is inviting people to donate sewing machines. In Bathurst machines can be left at All Saints College.

Two men from Dubbo Community Men’s Shed, Colin Brown and Allan Parker, will be checking the donated machines to make sure they are in good working order before they are dispatched.
RAFFLE WINNERS

Congratulations to Aimee Cook who won the Apple Mini ipad. Aimee’s son Lachlan is pictured with Chris Jackman and Stacey Whittaker receiving his prize at last week’s assembly.

Congratulations also to:

- Shireen Healy who won 2nd prize ($120 Coles/Myer voucher) and
- Julie Hastedt who won 3rd prize ($80 Coles/Myer voucher).

A VERY big thank you to everyone who bought and sold tickets in the raffle. We raised $1,175.

WHAT ARE WE BUYING FOR THE JUNIOR SCHOOL?

Thank you to everyone for your support of JSP&F fundraising activities. We have had another busy and successful year, raising just on $10,000 through a range of fundraising activities including the Picnic on the Oval, canteens, chocolate drive, trivia night and raffle. With a balance of $4,000 brought over from 2013, we now have $14,000 in the bank.

At our last meeting, all in attendance approved the purchase of the following items for the Junior School – we can’t wait to see them put to good use:

- Up to $4,200 for two storage cupboards for the 28 new ipads recently purchased by the school. The storage cupboards will be located in the Yr 3&4, and Yr 5&6 rooms, and are for use by all classes from Pre-Kindy through to Yr 6.
- Up to $3,500 for an apple TV box for every classroom – all ipads can connect to the interactive whiteboards via this TV box.
- The remaining money has been committed to the purchase of multiple Maths and Science kits to assist with the introduction of the new 2015 curriculum in all classes.

OUR NEXT MEETING

We hope to see you at our next meeting at 5.30pm Tuesday 9 September at Watson House.
2014 Annual Spring Fair

Sunday
14th September 2014
10am-3pm
Spring Fair
Introducing.....
New and Exciting rides!

* Dodgem Cars
* 2 Mega Jumping Castles
* Kiddie rides for the little kids’ & the big kids’
* Have fun on the Climbing Wall
* We are bringing the “GRAVITRON” ride to Spring Fair!

GIRLS & BOYS..........................

Don’t forget to purchase your Spring Fair WRISTBANDS for $30 from Mrs Keogh’s office (Junior school) and Mrs Wade’s office (Senior school)

This gives you UNLIMITED rides all day on all of the fantastic rides and castles! (The wristband excludes the Climbing wall and tickets can be purchased on the day for $4 for 5 minutes of climbing fun!)

Introducing......For 8 years & Under – pay $15 on the day and receive a stamp! This gives you access to all the LITTLIE Rides including the jumping castles and the small kiddie rides only all day!!!
Dear parents

Years 3 and 4 are running this year’s garden stall at the Spring Fair – and we need your help! This year we would love to source **Pots of Colour** – they’re a great seller.

**There are a few things you can do to help**

1. For those with a green thumb, we would love you to **pot up some cuttings** ready to sell at the Fair.
2. You could **purchase a large punnet of flowering annuals very soon**, and **re-pot each individual plant into a small pot**. Pansies and petunias are especially good and inexpensive.
3. You might like to **purchase cheap, low quality stock from the nurseries**. A quick trim back and a dose of seasol will bring them back to life.
4. If your thumb isn’t so green, you can make a **monetary donation** and we will purchase punnets of flowers and pot them up (please send in money in an envelope and mark it Attention: Sarah O’Neill).

**What do I do with the plants?**

Please bring them to the Fair on the day, OR bring them in to the Year 3 or 4 classrooms as soon as you have them ready - we will take them home and tend to them.

Thank you for your support.

If you have any question please contact one of us.

<table>
<thead>
<tr>
<th>Year 3</th>
<th>Lisa Hunter</th>
<th>0405 491 317</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 4</td>
<td>Rae Cunningham</td>
<td>0408 960 228</td>
</tr>
<tr>
<td></td>
<td>Sarah O’Neill</td>
<td>0400 191 979</td>
</tr>
</tbody>
</table>
Please …

Jump to it and volunteer your time on **Sunday 14 September**.

Simply write your name and availability on the applicable volunteer slip and return in your child’s diary.

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### Spring Fair 2014

**YEAR** | **STALL** | **CO-ORDINATOR** | **CO-ORDINATOR EMAIL**
--- | --- | --- | ---
Pre-K | Hot Chips | Peter Campbell | liswak@tpg.com.au
K | Hoopla | Polly Goodlet | pollykate@hotmail.com
1 | Lollies | Nikki Bryan | nicoleabryan@hotmail.com
2 | ASC Café | Graham Cunningham | cunning1166@bigpond.com
3 | Garden Stall | Catriona Roach | c.roach.interiors@bigpond.com
4 | Garden Stall | Catriona Roach | c.roach.interiors@bigpond.com
5 | Drinks | Susie Dowd | asdowd@bigpond.com
6 | Cakes | Catherine McEwen | catherine.mcewen@bigpond.com
7 | Chocolate Wheel & Coin Toss | Lorna Van Rouyan | lorna_vr@bigpond.com
8 | Pavlova | Jo Murphy | jomurphy0@telstra.com
9 | Treasure & Books | Christine Thompson | ca177thompson@outlook.com
10 | Jumping Castle & Climbing Wall | Rachel Trounson | rachel.trounson@bigpond.com
11 | ASC Café | Belinda Peterson | bingig@bigpond.com
12 | BBQ | Rosie Bayliss | trevor.bayliss@bigpond.com
ALL | Dad’s Corner | Stephen Geyer | stephen.geyer@outlook.com
ALL | Face Painting | Deon Reynolds | fodderconbr@bigpond.com
ALL | Haunted House | Leigh Haywood | leigh.haywood@bigpond.com
ALL | Bar | Tracey Finau | ttfinau@bigpond.com

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**NOTE:** If you’ve already contacted the stall co-ordinator, thank you! You do NOT need to complete this form.

I am available to assist on the ____________ stall.

Available Times:

My Name and Number:
We need your help!

**Treasure & Books**
Records, books and treasure that will sell like hotcakes!. Contact Christine Thompson.
c177thompson@outlook.com

**Dad’s Corner**
Senior school volunteers for the dunking machine. Lots of fun! Please contact Ruth Crampton.
ruthalison.crampton@aussie.com.au

**Garden**
Any contributions will be very much appreciated. Catriona Roach.
c.roach.interiors@bigpond.com

**Bar**
Tracey Finau could use any help with stocking the bar.
ttfinau@bigpond.com

**Lollies**
Made up lolly bags would be appreciated.
See Nikki Bryan.
nicoleabryan@hotmail.com

**Pavlova**
Are you an expert at making pavs? Contact Jo Murphy.
jomurphy0@telstra.com

**ASC Café**
Sandwiches, scones and slices. Contact Graham Cunningham.
cunning1166@bigpond

**Hoopla**
Small prizes required and fish!!. See Polly Goodlet.
pollykate@hotmail.com

**NOTE**
Please don’t feel constrained by your year group. You may contribute to any area where help is required, regardless of your year group.
A huge thank you to all of our Gold, Silver and Bronze Sponsors.

Many family businesses provide extra support to Spring Fair by sponsoring the program of events.

The money raised through the program provides a large contribution to the overall fundraising. These funds are administered by the Parents’ & Friends’ Association to improve our facilities and purchase additional school resources - very necessary and beneficial to all.

**GOLD $500**
- W.J Coote & Sons
- Encore Speech & Drama Studio
- Incy Interiors
- Pollet’s Martial Arts Centre
- Ray Morcoms Auto Body Repairs
- Bathurst Real Estate
- Kip McGrath Bathurst

**SILVER $250**
- Newman’s Fuels & Bus Services
- Luxe Hair & Body
- Bridges Financial Services
- Paul Toole MP
- Bathurst RSL Club
- Rosconi Mazda
- Bathurst Courtyard Architectural Mouldings & Décor
- Cunninghams The Law Practice
- LJ Hooker Bathurst
- The Great Wall Chinese Restaurant
- Venue Café
- Raine & Horne Bathurst
- Barcoo’s Barn
- Steele & Co. Law & Conveyancing
- Best Western
- Petroleum Services
- Elders Insurance
- Bathurst Health & Fitness Supplies Australia
- Cain Kensit Messenger
- Solicitor & Attorneys
- Al Dente
- Kelly + Partners
- Chartered Accountants
- Kenwood Homes
- Adecco
- Gorgeousness
- Hines Constructions
- Devro

**BRONZE $100**
- Hothams Sand, Soil, Gravel Supplies
- Abbetta Interiors
- Beecham Concreting
- JLD Dance Studio
- Lashes By Tami
- Angela J Morris
- Optometrist
- Vanessa Pringle Florist
- International Music Examinations Board
- Lambert & Lord
- Eglington Tennis Academy
- Ivan Christian
- Photography
- The Kelso Hotel
- Paddy’s Hotel
- Pulsanti Carcoar
- All Seasons Cleaning
- Stewart St Veterinary Hospital
- LeGall Pattiserie Café
- Macquarie Skin & Day Spa
- Altech Air
- John Matthews
- Pharmacy
- Stitches On Keppel
- Little Bumble Bugs
- Bathurst Dry Cleaners
- Bathurst Veterinary Hospital
- Country Fruit
- Sheer Indulgence
- Dean Mobbs Gallery
- Terry White Chemist
- Bent Threads
The 2014 All Saints' College Spring Fair Raffle is bigger and better than ever. The Parents and Friends Association will use the funds raised from the raffle to support a wide range of activities for students at the school. There are some fabulous prizes to be won:

<table>
<thead>
<tr>
<th>No.</th>
<th>Prize Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>3 Month Complete Family Membership at Pollet's Martial Arts Centre Access to unlimited classes, cardio and weights training equipment. PLUS Starter Pack, including Karate uniform, boxing gloves, shin pads and T-Shirt. Valued at $1100</td>
</tr>
<tr>
<td>2nd</td>
<td>Kip McGrath Education Centre Bathurst One Term Free Tuition Voucher Valued at $550</td>
</tr>
<tr>
<td>3rd</td>
<td>Incy Interiors Bathurst Store Gift Voucher Valued at $500</td>
</tr>
<tr>
<td>4th</td>
<td>Dancin' Divas Girl Nights Out For 12 Friends Valued at $420</td>
</tr>
<tr>
<td>5th</td>
<td>2 Nights Accommodation &amp; Breakfast for 2 people The Clan Lakeside Lodge Terrigal Valued at $360</td>
</tr>
<tr>
<td>6th</td>
<td>Brabham's Outdoor Power Centre Stihl BG56 Blower Valued at $350</td>
</tr>
<tr>
<td>7th</td>
<td>Mitre 10 Black &amp; Decker Cordless Cultivator &amp; Mipro Wheelbarrow Valued at $259</td>
</tr>
<tr>
<td>8th</td>
<td>Reece Plumbing Bathurst Store Gift Voucher Valued at $250</td>
</tr>
<tr>
<td>9th</td>
<td>Barcoo's Barn B&amp;B &amp; Farmstay Bathurst One Nights Accommodation for a family of 4 including farm activities, linen &amp; light breakfast Valued at $250</td>
</tr>
<tr>
<td>10th</td>
<td>Aimee Cook Photography Gift Voucher Valued at $200</td>
</tr>
<tr>
<td>11th</td>
<td>5 Course Dinner For 4 in the comfort of your home Hosted by Thermomix Valued at $200</td>
</tr>
<tr>
<td>12th</td>
<td>Cityfit Fitness Club Bathurst 10 Visit Pass Valued at $129</td>
</tr>
<tr>
<td>13th</td>
<td>Lush Lashes By Tami Gift Voucher Valued at $125</td>
</tr>
<tr>
<td>14th</td>
<td>Beautiful Glow Gift Voucher For Facial &amp; Eyebrow Wax Valued at $119</td>
</tr>
<tr>
<td>15th</td>
<td>Pulsanti Carcoar Gift Hamper Valued at $100</td>
</tr>
</tbody>
</table>

Extra tickets will be available for collection from Reception. The Raffle will be drawn at the Spring Fair on Sunday 14th September at 2pm. Winners may collect prizes from the Spring Fair or will be notified by telephone.

A big thank you to those businesses who donated prizes.
A three-week course to help mothers and daughters understand and deal with the changes that take place during puberty and adolescence. By learning together, young women (10 – 12 years) and their mothers can strengthen their relationship. Topics covered include;

- Physical, psychological and emotional changes that take place during puberty and adolescence
- How to communicate about these changes
- Self-esteem and body image
- Relaxation strategies for mothers and daughters
- Bullying and cyber-bullying

Dates: 3rd, 10th, 17th September (3 consecutive Wednesdays)

Time: 5pm – 7pm. A light supper will be provided.

Venue: Central West Women’s Health Centre, 20 William Street

Cost: $80 per pair (concession $50)

To register: As this is a very popular course enrolment and payment is required before bookings can be confirmed. To register fax (02 6332 4310), email (reception@cwwhc.org.au), or mail your completed registration form to the above address. Payments can be made by cash, cheque or direct deposit into the following account:

BSB: 062-504, Account No: 2801 9572, Use surname as reference

For more information contact us at CWWHC on 02 6331 4133