HEAD OF SENIOR SCHOOL
Mr Stewart Ross

WAS BASKETBALL

The following students were selected for the WAS Basketball squad to play later this month: Girls - Neive Roebuck, Melanie Lo, Daisy Hoskins Elizabeth Crampton and Sarah Farraway and Boys - Matthew Jackman, Jack Schumacher, Thomas Craft and Lachlan Wilkinson. The ASC girls team won the competition and the ASC Boys came second beaten by Kinross.

SUBJECT CHANGES

As we have just about completed week 3 of Term, it is now too late for students to change subjects – teachers are well into their programs and assessment tasks will follow soon. A reminder to parents that Assessment Schedules can be found on the school website under Forms, Polices & Procedures.

PICNIC ON THE OVAL

The P&F are organising a family picnic on the oval next Tuesday after school. I want to emphasise that this is a family event and we do not want senior school students being just dropped off to attend by themselves.

FUNCTION

Just a reminder that the Head of College function for new parents is tomorrow night, Friday, 13 February 2015. RSVPs have closed but if you ring today, we should be able to squeeze you in.

FAST FACT

TYPEWRITER, is the longest word that can be made using the letters on only one row of the keyboard

Thought: - He either fears his fate too much, Or his deserts are small, Who dares not put it to the touch To gain or lose it all. Marquis of Montrose

National Campdrafting finals

Year 10 student Teagan Miller competed in the National Campdrafting finals which were held in Tamworth at ALEC Equestrian Centre from January 23rd until the 25th.

Teagan Miller came in ranked 11th out of 25 competitors with a total of 26 points which she accumulated throughout the 2014 season.

Teagan rode her horse Kahlua in all three rounds, she placed third in the second round and first in the final round.

Safer Drivers Course for Learner Drivers

How does knocking 20 hours off your Learner’s compulsory 120 Logbook hours sound? With the introduction of the Safer Drivers Course for Learner Drivers you can.

The five hour course is made up of a three hour in class session followed by a two hour in-car coaching session on another day.

Our next courses are being run on Wednesday, 18th February at 5pm and Sunday, 1st March at 10am.

For more info, or to book, call PCYC Bathurst on 6331 2191.

BOARDING P&F Sub-Committee Meeting

When: Saturday, 14th February 2015
Meeting: 3.30pm
Where: ASC Library
All most welcome & afternoon tea provided
FROM THE CHAPLAIN
Reverend Tony Card

Rev T’s 4 legged assistant.

Rev T has been a bit busy this week, so he has left the job of writing this week’s column to his new assistant, Sam.

Hi, I’m Sam, a 5 year old Maltese-Shitzu. I have been living at All Saints’ for two years now with my family and their other pets. It’s been really fun meeting the boarders when they have come to our place and now I am getting to meet the other students as well. There is one thing that frightens me, and that’s the gun I hear for the sporting carnivals which is always followed by lots of yelling and screaming. It frightens me so much that I try to escape from the yard or get into the house to hide. So far I have broken the fly screens about 12 times and Dad is getting cranky with me - but I can’t help it. I really love being with my family and don’t like it when they leave me at home. Even though there are the other dogs I get very upset. I want to stay with my family. So I was so happy when Dad took me to work with him. The school is an exciting place. There are lots of children who love to give me a pat or a hug, which I really love. It’s fun to go to classes with Dad where I can meet the children and help them if they are feeling sad or lonely. Dad says I have been a big help especially with those children who find it hard to pay attention to what’s going on - I just sit in their lap and they stroke me while listening to what Dad is saying.

I also like spending time in the grounds with the older students when Dad’s having lunch and with the Junior School at recess on Fridays. It’s great fun to be the centre of attention and to see so many excited faces. I hope Dad keeps bringing me to work with him. I really enjoy it and I think I am helping to make their day more interesting.

Until we meet again, be kind to your animals, and they will love you back.

Sam.

Footnote from Rev T: There is a wealth of information about which pets can benefit children’s social, emotional and cognitive development. I hope that Sam is able to bring these benefits to the students at Saints’.

Cattle Team starts the year with a new leadership team

It is with great excitement that the College has made its first ever appointments of the position of Cattle Captains commencing this term. Year 11 Ag students Dylan Boyd, Laura Van Uum and Madison George where appointed as joint Captains to form a management team with a wealth of experience, enthusiasm and leadership potential. The responsibility covers the leadership and management of both cattle and students under their charge in the extracurricular cattle team activity. The captains will play a significant role in the management of the events, training, animal welfare and work place health and safety over the cattle season.

All students are welcome to join the team which meets at the school farm on a voluntary basis on Mondays, Wednesdays, Fridays and Saturdays. It should be stressed that this is a voluntary activity and can be easilymeshed in with your band and basketball commitments.

Cattle have arrived and we are very grateful to Ceres Agriculture for the loan of six prime steers and the Reynolds family for two Brahman steers to bring some great diversity to the cattle herd. We will be once again working with Belted Galloways which will arrive next. Any enquiries from parents and students are welcome, please write to mark.whitfeld@sanst.snow.edu.au.

Department. Please note we need these back to the Senior School office in order to draw a cheque and enter the school before the cut-off date. All riders are encouraged to attend this terrific event.

IMPORTANT – an Equestrian email group has been established and by now relevant parties should be receiving emails from Mark Whitfeld on matters equestrian. If you suspect that you are not receiving these can you please email mark.whitfeld@sanst.snow.edu.au so your name or preferred email can be added to the list.

Equestrian news and events

A wonderful jumping and dressage clinic was conducted at the school last weekend and it was great to see some of our new riders participate in that. Thanks go out to Nicole Stockman for facilitating it. On a similar note, Kerrie Redpath is putting together a list of riders interested participating in a regular jump class at school on Wednesday afternoons. Anyone interested can leave their name with the Ag Department or contact Kerrie directly.

The Evans Crown event is to be held on 9th March 2015 at Lithgow. Entry forms have been emailed out or hard copies can be picked up from the Ag Department. Please note we need these back to the Senior School office in order to draw a cheque and enter the school before the cut-off date. All riders are encouraged to attend this terrific event.

This Week’s Sport Draws

Basketball: Thursday 12 and Friday, 13 February 2015

<table>
<thead>
<tr>
<th>Game</th>
<th>Venue</th>
<th>Time</th>
<th>Bus departs</th>
<th>Returns</th>
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<tbody>
<tr>
<td>ASC Firsts v Firewors</td>
<td>Crt1</td>
<td>7.00pm</td>
<td>6.40pm</td>
<td>7.15pm</td>
</tr>
<tr>
<td>ASC Red v Scots Blue</td>
<td>Crt1</td>
<td>4.45pm</td>
<td>4.25pm</td>
<td>5.40pm</td>
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<tr>
<td>ASC Silver v Coyotes</td>
<td>Crt2</td>
<td>7.00pm</td>
<td>6.40pm</td>
<td>7.35pm</td>
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<tr>
<td>ASC Gold v Confusion</td>
<td>Crt2</td>
<td>4.45pm</td>
<td>4.25pm</td>
<td>5.40pm</td>
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<tr>
<td>ASC Bronze v Hoops (Thursday Feb 12)</td>
<td>Crt4</td>
<td>4.30pm</td>
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<tr>
<td>ASC White v Redbacks (Thursday Feb 12)</td>
<td>Crt6</td>
<td>5.15pm</td>
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<tr>
<td>ASC Pink v Wild Ones (Thursday Feb 12)</td>
<td>Crt2</td>
<td>6.00pm</td>
<td></td>
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<tr>
<td>ASC First Five v KCTAM</td>
<td>Crt1</td>
<td>8.30pm</td>
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<tr>
<td>ASC Tornados v Scots Rovers</td>
<td>Crt4</td>
<td>4.45pm</td>
<td>4.25pm</td>
<td>5.40pm</td>
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<tr>
<td>ASC Cyclones v Scots Lions</td>
<td>Crt1</td>
<td>5.30pm</td>
<td>5.10pm</td>
<td>6.25pm</td>
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<tr>
<td>ASC Stormers v Goon Squad</td>
<td>Crt2</td>
<td>5.30pm</td>
<td>5.10pm</td>
<td>6.25pm</td>
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<tr>
<td>ASC Typhoons v Rising Stars</td>
<td>Crt2</td>
<td>4.00pm</td>
<td>3.30pm</td>
<td>4.55pm</td>
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<tr>
<td>ASC Hurricanes v Cheeky Possums</td>
<td>Crt1</td>
<td>6.15pm</td>
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Cricket: Saturday 14 February 2015

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<tr>
<th>Game</th>
<th>Venue</th>
<th>Time</th>
<th>Bus departs</th>
<th>Returns</th>
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</thead>
<tbody>
<tr>
<td>ASC First XI v BMGS</td>
<td>Blue Mountains</td>
<td>10.00am</td>
<td>8.30am</td>
<td>6.00pm</td>
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<tr>
<td>ASC U11s/Opens v SCC Blue Open</td>
<td>Watson Oval</td>
<td>8.45am</td>
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<tr>
<td>ASC U11s White v Bushrangers</td>
<td>Police Paddock 2</td>
<td>8.45am</td>
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<tr>
<td>ASC U11s Red v Scots</td>
<td>Stiles 1</td>
<td>8.45am</td>
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Tennis: Saturday, 14 February 2015

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<th>Game</th>
<th>Venue</th>
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<th>Bus departs</th>
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<tbody>
<tr>
<td>ASC Opens v SCC 2 Opens</td>
<td>Bathurst Tennis Centre</td>
<td>9.00am</td>
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<tr>
<td>ASC Intermediate v SCC 2 Intermediates</td>
<td>Bathurst Tennis Centre</td>
<td>9.00am</td>
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<tr>
<td>ASC Juniors v SCC Juniors</td>
<td>Bathurst Tennis Centre</td>
<td>9.00am</td>
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Touch Football:

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<tr>
<th>Game</th>
<th>Venue</th>
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<th>Bus departs</th>
<th>Returns</th>
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</thead>
<tbody>
<tr>
<td>ASC Girls</td>
<td>Edgels Field</td>
<td>10.15am</td>
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<td></td>
</tr>
<tr>
<td>ASC Mixed</td>
<td>Edgels Field</td>
<td>9.30am</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WAS Senior Girls v TSS Seniors</td>
<td>WAS Junior Girls v TSS Juniors</td>
<td>Edgels Field</td>
<td>10.15am</td>
<td>9.30am</td>
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PARENTING TEENAGERS.

Veritas House will be conducting our first FREE Teen Triple P parenting program for this year.

Bring the joy back into parenting and solve problems such as,

- Over use of technology
- Resistance to school
- No help around the house

The program begins on Tuesday 10 March Morning or evening sessions available. Please ring Graham Palmer on 6332 2277 for more information and to reserve a place.
The Australia-New Zealand Brain Bee Challenge (ABBC) is a free online competition for students in Year 10. Students learn about the brain and its functions and neuroscience research, find out about careers in neuroscience and are able to dispel misconceptions about neurological and mental illnesses.

We have 28 students registered for Round 1 of the competition, but it is not too late to put your name down! Please see Mrs. O’Neill in the ILC or email s.oneill@saints.nsw.edu.au.

The students will complete the online test during Brain Awareness Week (March 16-20). Questions will be based on information from the book *Neuroscience: Science of the Brain. An Introduction for Young Students* by The British Neuroscience Association (BNA) and European Dana Alliance for the Brain (EDAB). The link to the reading material can be found here: http://www.bna.org.uk/about/science-of-the-brain.html

Although targeted at high school students, their parents and teachers, the ABBC is a community outreach initiative that highlights scientific issues and science as a profession to the wider community through advertising associated with the competition, through additional public activities that occur during Brain Awareness Week and by ongoing research opportunities for teachers and students.

The ABBC aims:

- to highlight what the brain does, how it functions and how important it is to everything we do and who we are as human beings. Simple knowledge of this nature provides self-esteem, dispels superstitions and misconceptions (for example topics such as where emotions reside), and explains the importance of enhancing your brain’s potential through learning, exercise and avoidance of illicit drugs.
- to educate teachers and students on the latest scientific findings and to explain how important research and discovery is to our community, as well as to generally improve scientific literacy in our community.
- to provide opportunities for students from remote areas of Australia and New Zealand to participate in the competition and to challenge all students to consider a career in Science and Neuroscience in particular.
- to promote the study of neuroscience as a multidisciplinary endeavour (encompassing all basic scientific disciplines including mathematics, physics, chemistry, biology, engineering, psychology, medicine and bio- and nano-technologies). The future of all fields of science is that disciplines that once seemed to have no relevance to one another are now coming together and science education is lagging behind this advance. Neuroscience can help bridge these disciplines.
Join our three-week course to help mothers and daughters understand and deal with changes that take place during puberty & adolescence.

By learning together, young women (10-12 years) and their mothers can strengthen their relationship.

Topics include:
- Physical, psychological and emotional changes that take place during puberty and adolescence
- How to communicate about these changes
- Self-esteem and body image
- Relaxation strategies for mothers and daughters
- Bullying and cyber-bullying

This course is very popular. Enrolment and payment is required before bookings can be confirmed.

Grow in confidence and knowledge

For more information contact us on 02 6331 4133
www.cwwhc.org.au
Longline Winter Jackets
available from Uniform Shop
(as pictured)

Cost $176.00

Orders to be placed and paid for by
Friday, 27th February 2015.
Delivery will be approximately the middle
of May 2015.

LAST CHANCE TO ORDER FOR 2015

Please phone Lizzy Moller on 6332 7303
Simulated UMAT Day 2015 - SYDNEY

Workshop date: Saturday, 14th February 2015

Students in Years 10, 11 and 12 interested in medicine, dentistry, or optometry will need to sit the compulsory UMAT (examination) when applying for one of the above career choices. NIE will be conducting UMAT preparation workshop on the 14th of February 2015. Places for this event are strictly limited and registration is required. All details are available via www.nie.edu.au.

The workshop includes an overview of the entire UMAT process - exam, scores, standardising, applications, university requirements, interviews, past experiences, professional advice, performance expectations, and more.

Each student is individually assessed and fine-tuned for peak performance. Strategic problem solving and tuition in each of the three UMAT constructs. The workshop will be conducted by two highly experienced and expert lecturers who will define and explain each UMAT construct.

A full practice test conducted under exam conditions, followed by a feedback session.

This intense full day preparation workshop allows students to identify and explore their true strengths and weaknesses.

Cost: $249 (Food and refreshments will be provided)

‘Click here’ to enrol online.