THE SCHOOL HAS TALENT
I was impressed by the standard of work displayed by our Dance and Drama students in their performances on Wednesday and Thursday nights. The choreography by our girls was inspirational and the individual presentations by our dramatists ranged from hilarious to thought provoking and poignant. Congratulations must also go to their teachers. Well done!

CELEBRATE SAFELY PARENTS SEMINAR
Unfortunately this seminar had to be postponed as responses were limited. I plan to try and organise another for a later date.

Thought: An optimist thinks that this is the best possible world. A pessimist fears that this is true.

Donor Blood Mobile
On Thursday the 16th of August the donor blood mobile is coming to the school. We have entered into the school challenge and all staff, students and parents can give blood here. Anyone interested please contact Ben West, Kacie Fulton or the School Clinic for an appointment time.

Boarding P&F Meeting
The next meeting of the Boarding P&F will be held on Saturday, 1st September at 2.00pm in the Performing Arts Centre.

Database update
Are your children following in your footsteps? All Saints’ College is currently updating its database of current students whose parents and grandparents attended ASC and Marsden. Please contact the Registrar, Helen Schwab, on 63313911 or email admin@saints.nsw.edu.au.
Spend a year in the United States

Cultural Care Au Pair is an organisation that offers students graduating from Year 10 or 12 the opportunity to spend a year in America living with a host family and caring for their children for up to 45 hours per week.

The programme includes two weeks paid holiday, a month off at the end of the month to travel around the US, flights to and from America, a week’s training at the Au Pair Training School in New York and SUS500, for study at a US College or University.

See Mrs Thornton for further information.

Riding in Synchronicity

This 3-day course will be held at Kellosiel Park, Mcgregors Road on September 15th, 16th and 17th.

An Introductory Presentation will be held on Friday, September 14th from 6:30pm-9:00pm.

This 2.5 hour presentation is an overview introducing you to the philosophies and concepts taught in the horsemanship courses. Topics include:-

- How horses want to connect and interact with people
- The emotional nature of horses
- Behavioural problems - Do they stem from the mind or body?
- Assessing horses’ external appearance to understand what’s happening on the inside
- Biomechanics for Soundness and Performance
- Riding Dynamics
- Saddle Fitting
- Course Outline for the 3 day Course

This course will be aimed specifically for riders who have competent riding skills, it is not a beginner’s course. It will be absolutely beneficial for riders who are looking for more connection, harmony, balance and softness in their horses.

Benefits that riders will gain from this course:-

- A better connection and communication with their horse taking away some of the frustrations for the horse and rider.
- A deeper understanding of the qualities and biomechanics needed for horses to move with balance and self carriage, essential for dressage but also for any horse to be sound, athletic and enjoy their work.
- How to use groundwork with horses to develop confidence, calmness, communication, attention and responsiveness. The essential ingredients to harmonious riding.
- How saddles influence horses ability to move well.
- Learning riding techniques that allow horses to move with self carriage.
- Developing body awareness and body balance so that riders are able to implement these riding techniques.
- When riders have a lot of restrictions in their bodies it is impossible to ride with the quality that horses need. There will be dismounted sessions to develop your independent seat and improve your movement patterns. Learn how to make riding therapeutic for both you and the horse.

Start and Finish times: 9:00am-5:00pm each day. The cost is $450 for riders and $55 per day for observers.

Anyone interested in more information, brochures and application forms please see Mrs Jones.

Careers Advice

Referees/References

An increasing number of applications for tertiary positions/scholarships require the College to make comment on a candidates attributes. Students should lodge these documents through Mr Clisdale(Careers) by the date allocated. DO NOT EXPECT THE COLLEGE TO COMPLETE (quite often in considerable detail) APPLICATIONS AT SHORT NOTICE.

Please be organised and forward thinking.

Students should first photocopy the proforma and complete in pencil, ensure applications are complete and preferably checked by an adult for mistakes before submitting the application.